

# BADMINTON

## IN CRAWLEY FOR ADULT AND 16 +

**Venue:** St Wilfrid's School, Old Horsham Road, Crawley, West Sussex RH11 8PG

**Suitable for:** Improvers to more advanced players

**Day and Time:** Mondays, 7:30pm till 9:30pm

**Experience Required:** All needed is enthusiasm and a wish to learn.

### Structure:

- The nights will be run as an informal sessions with plenty of learning opportunities
- The players will be playing & training mainly with other similar standard players
- The technical skills advices will be offered on individual basis (not recorded)
- There will be a period of practice time for skills
- There will be a lot of chances for game play to use the skills practiced
- Questions are encouraged

Suitability in detail: Players who would like to better their techniques and tactics. It is a good place to learn how to play more effective doubles, learn more tactical elements of the game as well as more practices to improve the consistency. This course may be well be suited for players who were of a good standard, stayed fit but have not played for a long time.

Mondays	Starts	Ends	Excludes
Winter Term	22nd Feb 2010	26 <sup>th</sup> April 2010	15 <sup>th</sup> Feb 2010 05 <sup>th</sup> Apr 2010 12 <sup>th</sup> Apr 2010

**Costs:** 8 weeks in total, £6 per session. Therefore: £48 per person payable at the start date in order to cover the costs. Please make the cheque payable to FastStep Badminton.

**Contact:** Zeyar Win at zeyar@faststepbadminton.co.uk for place availability, booking and more information.

